

A dietary supplement to support G.I. Tract Health and Function.*

GI Guard is the most advanced formula on the market today for optimal gastro intestinal health.* It has been designed to support gut health, soothe the digestive tract lining, promote regularity, microbial balance and support proper immune function.*

GI Guard provides 5 grams of L-Glutamine per serving and is flavored with natural ingredients.

GI Guard is available in a convenient, crystalline powder which mixes easily into any beverage or other functional food powder and is free of any ingredient that causes gas and or bloating.

GI Guard is the only formula of its kind to combine:

- L-Glutamine at 5000 mg per serving to fuel intestinal cells and maintain villi*
- Arabinogalactans at 1000 mg per serving to support the immune system, aid regularity and support the production of beneficial bacteria*
- Deglycyrrhizinated Licorice (*Glycyrrhiza glabra*) Root (DGL) at 500 mg per serving to help soothe the gut wall*
- Aloe Vera Leaf Extract (200:1) at 250 mg to support the body's ability to heal the lining of the stomach and keep the folds and pockets of the colon free of toxic material that gather there*
- Slippery Elm (*Ulmus rubra*) Bark at 200 mg per serving to reduce bowel transit time, absorb toxins from the bowel, increase fecal bulk and enhance beneficial bacteria in the gut*
- PepZinGI® is a unique, patented form of elemental Zinc bound to L-Carnosine. It has been shown to help stabilize small bowel integrity, promote a healthy stomach lining and environment, support the health of gastric cells, maintain a healthy gastrointestinal environment, and relieve occasional gastric discomfort.* The proprietary chelation process along with excellent scientific research (over 100 scientific studies, including at least 38 clinical trials) make PepZinGI® your best choice for supporting gastric health.*
- Marshmallow (*Althaea officinalis*) Root at a 100 mg per serving to soothe the gut*

SUPPLEMENT FACTS

Serving Size: 1 Scoop (12.81 g)

Amount Per Serving

Calories	50
Total Carbohydrates	6 g
Sugars	1 g
Fiber	1 g
Protein	6 g
Vitamin C	1.2 mg
Zinc (as Zinc Carnosine)	21.5 mg
L-Carnosine (from 100 mg of Zinc Carnosine)	76 mg
L-Glutamine	5000 mg
Arabinogalactans	1000 mg
Deglycyrrhizinated Licorice (<i>Glycyrrhiza glabra</i>) Root Powder	500 mg
Aloe Vera Leaf Extract (200:1)	250 mg
Slippery Elm (<i>Ulmus rubra</i>) Bark	200 mg
Marshmallow (<i>Althaea officinalis</i>) Root	100 mg
Stevia Leaf Extract	60 mg

Other Ingredients: raspberry fruit powder, natural raspberry flavor, pineapple juice powder, beet powder, natural strawberry flavor.

Warning: Persons with kidney disorders should consult with their healthcare practitioner prior to using this product. If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, mix one scoop (12.81 g) with cold water or juice once daily, or as directed by your healthcare practitioner.



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